



# Coach Profile

## Lizzie Pawsey



Lizzie thrives on supporting leaders to achieve tangible results for themselves, their team and their organisation. She works with her clients to help them to expand their thinking, deepen their awareness and explore solutions to create change. Lizzie is an impartial 'sounding board', providing clients with supportive challenge to meet their goals.

Before becoming a coach, Lizzie worked in a number of business roles where she was responsible for leading teams of people and delivering business targets. Her coaching approach is therefore grounded in the commercial world - she understands the challenges of working in large organisations, managing a team of people and delivering against a business plan.

Lizzie is also a Coach Supervisor and a Faculty Member for the Academy of Executive Coaching, delivering the Executive Coaching Certificate and Practitioner Diploma in Executive Coaching programmes. In addition, she facilitates leadership development programmes for several global clients. Clients have reported Lizzie's style as professional, warm and supportive, combined with appropriate challenge and tenacity. Their experience is that this creates a strong and trusting relationship that achieves results.

### Qualifications/Experience

- Post-graduate diploma in advanced executive coaching with the Academy of Executive Coaching
- ICF accredited coach (PCC)
- BPS level A and B accreditation (OPQ 32, MBTI Step 1 and 2, Hogan).
- Foundation level training in TA, CBC and Gestalt
- Foundation in Supervision (Bath Consultancy)
- Accredited in Schroder's framework of High Performance Behaviours

- Practitioner training in Managed Change™ (LaMarsh & Associates)
- Regular coaching supervision

### Specialist Areas

- Leaders who aim to improve their personal impact and build more effective relationships with key stakeholders
- Individuals who are seeking to build an authentic leadership style
- Leaders who are managing personal and professional transitions

*"Lizzie has helped me tackle some issues which I was struggling to manage. She helped me to be more aware of my own reactions but also to work through specific behaviours and attitudes which helped me deal with the situation. She is good at using questions to help you explore and increase your understanding of yourself"*

