

The Naked Coach

On demand, 'stripped back' Coaching, there when you need it for as long as you need it.

Changing leadership one conversation at a time.

Now more than ever Leaders need to lead the business with confidence and provide clarity despite living in such uncertain times.

Leading others whilst only being one step ahead is hard – you're being asked to navigate a course of action confidently, whilst simultaneously creating the map.

We know people are fearful and unsure; looking for answers and direction. Yet priorities are shifting and uncertainties growing. At the same time our people are working from home environments that can make communication harder and less personal.

Every day Leaders are having to answer questions and make tough decisions with imperfect information. Some may be struggling to articulate all the questions, let alone be ready to answer them.

Some of the issues Leaders have to decide on simply can't be shared with their team - it could do more harm than good, and there is a danger that talking things through with others in the business could unsettle them even more.

Leaders are likely to feel that they have no-one they can talk things through with – delaying action and leaving them feeling very lonely.

Finding someone they can trust and respect who is outside the business and with whom they can safely download thinking and talk out loud is key.

Having a personal confidant and sounding board helps Leaders to face into the decisions they need to make, think things through, discuss challenges and be challenged.

An experienced and qualified Coach provides space to think, expands perspectives and instils confidence - helping Leaders to truly lead their business.

How can a Naked Coach help?

- Be an experienced, non-judgmental sounding-board
- Listen, help you find perspective, and feel more confident in your decisions
- Rehearse conversations before they need to be had
- Spark creative thinking, and provide a safe haven for exploring ideas
- Boost personal resilience and wellbeing
- Provide a focus for improved results, delivered faster
- Help to think through complexities
- Increase confidence

Recognising the need for managing costs, we are offering these sessions at £350.

Talk to us about how we can help you generate real business impact quickly.

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