

Coaches-on-Call

On demand Coaching, as and when you need it

Targeted support for people when they need it

Now, more than ever, we need to talk.

Working in such uncertain times puts additional pressure on managers to provide confidence and clarity for their teams, despite struggling to find either for themselves.

As a global recession looms, every organisation will need managers who have immediate impact and can deliver results fast. At the same time the escalated mental health challenge means that balancing the pressure to perform, with capacity to deliver, will require us all to work with a greater level of emotional intelligence and empathy than ever before.

We all need to find a way to be at our best, to contribute to the success of our organisations and teams, whilst facing challenges that we've never faced before.

Managers are likely to be unsure, possibly even fearful, looking for answers and direction. Yet priorities continue to shift and uncertainty is here to stay.

People with responsibility for delivering performance individually, through a team, a whole department or function are facing some tough challenges and uncharted water. Most will dig deep and cope, for most of the time.

Every now and then even the best of us need some support – which is where *Coaches-on-Call* can help.

Finding someone you can trust and respect, who is outside the business, and with whom you can safely download thinking and talk out loud is key.

Even more important is that you can access that support as and when you need it. On demand, just-in-time and tailored just for you in that moment.

An experienced and qualified Coach provides space to think, expands perspectives and instils confidence.

Coaches-on-Call provides easy and timely access to expert coaches. Able to support and challenge your thinking; removing the mental block and helping you move forwards quickly and decisively.

Coaches-on-Call will...

- Be there when you need support most
- Provide an experienced, non-judgmental sounding-board
- Listen, help you find perspective, and feel more confident in your decisions
- Spark creative thinking, and provide a safe haven for exploring ideas
- Boost personal resilience and wellbeing
- Provide a focus for improved results, delivered faster
- Help you to think through complexities
- Increase confidence
- Prepare for difficult conversations before they need to be had

These sessions can be used by anyone in your organisation who would benefit from a one-off coaching conversation.

Each session can be booked on a dedicated website, and the coaching will take place within 24 hours.

www.coachesoncall.co.uk

Talk to us about how we can help you generate real business impact quickly.

hello@3ghr.com

